Putting on the armour of God :

Ephesians Chapter 6 verses 10-18

Finally, let us build up our strength in union with the Lord and by means of His mighty power. Put on all the armour that God gives us, so that we will be able to stand up against the Devil's evil tricks. For we are not fighting against human beings but against the wicked spiritual forces in the heavenly world, the rulers, the authorities, and cosmic powers of this dark age. So put on God's armour now! Then when the evil day comes, we will be able to resist the enemy's attacks: and after fighting to the end, we will still hold our ground.

So stand ready

- with truth as a belt tight around our waist,
- with righteousness as our breastplate
- and as our shoes the readiness to announce the Good News of peace;

At all times

- carry faith as a shield, for with it you will be able to put out all the burning arrows shot by the Evil One,
- and accept salvation as a helmet,
- and the Word of God as a sword which the Spirit gives us.

Do all this in prayer, asking for God's help. Pray on every occasion, as the Spirit leads. For this reason keep alert and never give up, pray always for God's people.

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Do all this in prayer

Jesus praying to God says -

"My prayer is that you do not take them out of the world, but that you protect them from the evil one."

– John Chapter 17 verse 15

Jesus said to His disciples -

"If you love me, you will obey my commandments. I will ask the Father, and He will give you another helper, who will stay with you for ever."

- John Chapter 14 verses 15 and 16

Jesus states the greatest commandment -

"Love the Lord your God with all your heart, with all your soul, with all your strength, and with all your mind, and your neighbour as yourself."

– Luke Chapter 10 verse 27

God's protection :

I am the Lord Your God

1.	Worship no God but me.	Protects us from false gods
2.	Do not make idols or worship them.	Protects us from artificial gods
3.	Use my name with respect.	Protects us from cheapening God
4.	Rest on the seventh day and remember me.	Protects our well-being.
5.	Respect your father and mother.	Protects families.
6.	Do not murder.	Protects life.
7.	Husbands and wives be faithful to one another.	Protects marriages.
8.	Do not steal.	Protects property.
9.	Do not tell lies about anyone.	Protects reputations.
10.	Do not envy other people or want what belongs to them.	Protects us from conflict.

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